

The background of the entire page is decorated with various sizes of watercolor raindrops in shades of light blue and cyan. Some drops are larger and more detailed, while others are small and simple. They are scattered across the white background, creating a soft, rainy atmosphere.

・ハートの中にあるマイナスの面とは何ですか？

・自分を無条件に愛していますか？

・今の気持ちを書いてみましょう